

SDUHSD Middle School Distance Learning Schedule
Block Periods M/T/H/F & Wellness Wednesdays

Class Times	Monday (1/3/5)	Tuesday (2/4/6)	Wellness Wednesday* Advisory (40 min) + Single Period (35 min)		Thursday (1/3/5)	Friday (2/4/6)
8:30 - 9:50 (80 min)	Period 1	Period 2	8:30 - 9:10	Advisory*	Period 1	Period 2
9:50 - 10:10 (20 min)	Break	Break	9:10 - 9:45	Period 1	Break	Break
10:10 - 11:30 (80 min)	Period 3	Period 4	9:45 - 10:20	Period 2	Break	Break
11:30 - 12:15 (45 min)	Lunch	Lunch	10:20 - 10:35	Break	Period 3	Period 4
12:15 - 1:35 (80 min)	Period 5	Period 6	10:35 - 11:10	Period 3	Period 3	Period 4
			11:10 - 11:45	Period 4	Lunch	Lunch
			11:45 - 12:30	Lunch		
			12:30 - 1:05	Period 5	Period 5	Period 6
			1:05 - 1:40	Period 6		
1:35 – 2:55 (80 mins) Student Support	<ul style="list-style-type: none"> Students complete assignments Targeted student support in academics & social/emotional needs Teachers contact parents Student activities/clubs Staff Collaboration 		1:40 – 2:55	<ul style="list-style-type: none"> Targeted - SEL support Staff Collaboration 	<ul style="list-style-type: none"> Students complete assignments Targeted student support academics & social/emotional needs Teachers contact parents Student activities/clubs Staff Collaboration 	

Block Periods – Up to 50 min synchronous & 30+ min asynchronous
Student Support Afternoons – Asynchronous & Independent learning time for students with subject/period specific support each day; will also include student activities (ASB, clubs, etc.)

***Wed. Advisory Period (40 min.) may include:**
 SEL Lesson, Student Activities, School-wide activities, Student Check-in & Support by counselors or support providers